

Postvention in a Post-Pandemic World



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EMPACT-SPC
TEMPE, AZ**

**HOPE CONFERENCE
OCTOBER 13, 2022**

EMPACT-Suicide Prevention Center



- **FOUNDED IN 1987 – TEMPE, AZ**
 - **24/7 CRISIS SERVICES**
 - **BEHAVIORAL HEALTH TREATMENT**
- **SUICIDE PREVENTION/POSTVENTION PROGRAMS**



Suicide Postvention



“Postvention refers to activities that reduce risk and promote healing after a suicide death.”

EMPACT-SPC SOS PROGRAM



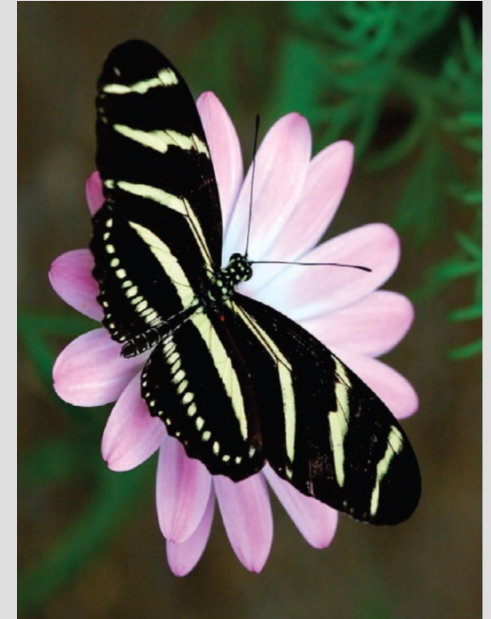
Started in 1988 by a Survivor

- Support Groups
- Quarterly Newsletter
- Memorial Quilt Program
- Annual Events/Fundraising
- Individual Peer Support
- Lending Library
- LOSS Teams

Program Adaptations During/After the Pandemic



- Trained Volunteers to provide services virtually
- Virtual Support Groups
- Utilized Online Communication System



Program Adaptations During/After the Pandemic



• Virtual Events

A day of healing... a day of remembering those we lost.

The 15th Annual
Jeremyah Memorial 5K
Walk/Run to
Support Survivors
of Suicide

Saturday February 6, 2021
8:00 a.m.

Sponsored by
LA FRONTERA
A REGIONAL
IMPACT - SUICIDE PREVENTION CENTER, INC.

Help Us Raise Awareness for Suicide Prevention

WORLD SUICIDE
PREVENTION DAY

on september 10th

light a candle near a window at 8pm

to show your support for suicide prevention

to remember a lost loved one

and for the survivors of suicide

www.iasp.info/wspd 



LOSS Teams

- Outreach to First Responders

- Virtual/Phone LOSS Team Call-outs

Mass Production of LOSS Team Packets and Statewide Distribution of Packets

L.O.S.S.
(LOCAL OUTREACH TO SUICIDE SURVIVORS)

EMPACT - SUICIDE PREVENTION CENTER

LOSS is a free service offered to friends and family who have recently lost a loved one to suicide. LOSS Teams, made up of two or three trained responders who themselves are Survivors of Suicide, are available to:

- Provide immediate support and encouragement to a new survivor after a suicide has occurred.
- Offer resources and referrals for counseling and support groups.
- Answer commonly asked questions after a suicide.
- Facilitate hope and understanding to handle this devastating grief.

LA FRONTERA
ARIZONA

EMPACT - SUICIDE PREVENTION CENTER
To Schedule a LOSS Team Visit,
Please Call (480) 784-1514, ext. 1108
www.empactsos.org

LOSS Team Resource Packets

SOS

A Handbook for Survivors of Suicide

Healing Conversations
Personal support for suicide loss

Contact Information



Thank you!

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www.empactsos.org